



Practitioner Corner:

by Daniel Atchison Nevel



Sunday, October 4, 2009 history will be made in South Florida as thousands gather at the Biltmore Hotel in Coral Gables to celebrate acupuncture, healing traditions, and healthy living.

Acufest: A Festival of Acupuncture & Healthy Living was founded to gather diverse elements of the acupuncture and healing arts community to foster respectful exchange and to share with the largest audience possible the benefits of acupuncture and healthy lifestyles.

The response from the Florida acupuncture community, the healing arts community, and community organizations involved with healing our community and planet has been phenomenal. As an acupuncture physician, what started as the idea and vision working with Biltmore Cellar Club Director, Yvonne Roberts has grown into an enormous community centered extravaganza.

Participating institutions now include University of Miami School of Medicine, Orion Herbs Company, all of the Florida Acupuncture Colleges, Florida Association of Oriental Medicine, American Holistic Nurses Sierra Club, and many more.

The original Acufest in the 1990s, sponsored by Atchison-Nevel's Community School of Traditional Chinese Healthcare, featured acupuncture and Chinese medicine attracted more than one thousand attendees. In this new grander incarnation, Acufest embraces the holistic vision

of acupuncture philosophy and celebrates all aspects of healthy living: as individuals, families, community and a global family.

Attendees will enjoy a magnificent organic food and wine tasting in the Biltmore's Grand Ballroom, ongoing Qi Gong & Tai Chi in outdoor tents, and 40,000 sq. feet of interactive exhibits, practical demonstrations, participatory classes, panel discussions and much more.

In addition, two pre-festival seminars featuring well known national figures in Chinese medicine will be offered for health care professionals on Friday and Saturday.

Chinese medicine author Andy Ellis will be offering **Common Uses for Uncommon Herbs and Formulas and Uncommon Uses for Common Herbs and Formulas (Acupuncture too!)** on Friday afternoon.

On Saturday Efrem Korngold & Stephen Cowan MD, Pediatrician and Acupuncture Physician, will present **Nurturing Dao: Growing Healthy Children with Chinese medicine** which will present the Five Phase model for understanding, diagnosing, and treating children.

We hope everyone will join us for this exciting event.

Volunteer opportunities for acupuncturists and other healing professionals are still available.

For more information:
www.acufest.com.

